

Distance Measurements and Conformational Analysis of *sn*-2-Arachidonoylglycerol-Membrane Sample by ^2H - ^{31}P REDOR NMR

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Abstract The purpose of these studies is to determine the intermolecular distances that define the location, orientation, and conformation of 2-AG in palmitoyl-oleoyl-phosphatidylcholine (POPC) lipid bilayers using rotational-echo double-resonance (REDOR) NMR. All five protons on the glycerol backbone of 2-AG were replaced with ^2H and the distance between the deuterons and naturally occurring ^{31}P on the POPC lipid headgroup determined with REDOR. To determine the distance from each deuteron to the phosphorus, the POPC headgroup was arranged in a hexagonal array. The 2-AG intercalates between the lipid molecules and the ^2H labels, resulting in an average distance of z directly above or below the center of the parallelogram of the four phosphorus atoms P_1 , P_2 , P_3 , and P_4 . For different z values, the ^2H - ^{31}P inter-nuclear distances were 7.6–9.1 Å (^2H - $^{31}\text{P}_1$ and ^2H - $^{31}\text{P}_3$) and 4.4–6.7 Å (^2H - $^{31}\text{P}_2$ and ^2H - $^{31}\text{P}_4$). Each result involved the calculations and summation of 893,101 terms. Based on the curve-fitting parameters, the calculations with $z = 0$ fits the data the best, which means these methylene ^2H atoms are at the same level as the phosphate group of the POPC lipid bilayer. Molecular dynamic simulation data suggested that the ^2H atoms at the glycerol backbone of 2-AG are

involved in an extended H-bonding network with the phosphorus atoms after 10-ns simulation.

Keywords NMR · Model membrane · Cannabinoid receptor · Endocannabinoids

Introduction

Endocannabinoid (eCB) signaling is tightly controlled by phospholipid-derived neuroactive lipids such as *sn*-2-arachidonoylglycerol (2-AG) and *N*-arachidonylethanolamine (anandamide) (Piomelli 2003; Di Marzo 2008; Mu-rillo-Rodriguez et al. 2003). 2-AG is produced within lipid rafts utilizing 1,2-diacylglycerol (DAG) as a precursor molecule (Kozak et al. 2004; Szabo et al. 2006). As with typical neurotransmitters, the expression levels are low and transient with 2-AG rapidly deactivated after biosynthesis and release via cytosolic fatty acid amide hydrolase (FAAH) and monoacylglycerol lipase (MGL) (Cravatt et al. 1996; Dinh et al. 2002). Cannabinoid receptors-1 and 2 (CB1 and CB2) which are both resident in the central nervous system, and some parts of the periphery are targets of 2-AG, though the signaling properties on the CB1/2 receptors may also be an “entourage” effect originating from both 1-AG and 2-AG. This is feasible because acyl migration (non-enzymatic reaction) from the sterically hindered *sn*-2 position to the more stable *sn*-1 or *sn*-3 positions is a typical process for mono- and di-glycerides (Devane et al. 1992; Sugiura et al. 1995; Mechoulam et al. 1995; Matsuda et al. 1990). Indeed biochemical studies have been conducted that indicates 2-AG can be readily converted to 1-AG under conditions commonly used to study structure–activity relations, a limitation that impacts our understanding of the structural features of 2-AG and the mechanism by which it exerts its

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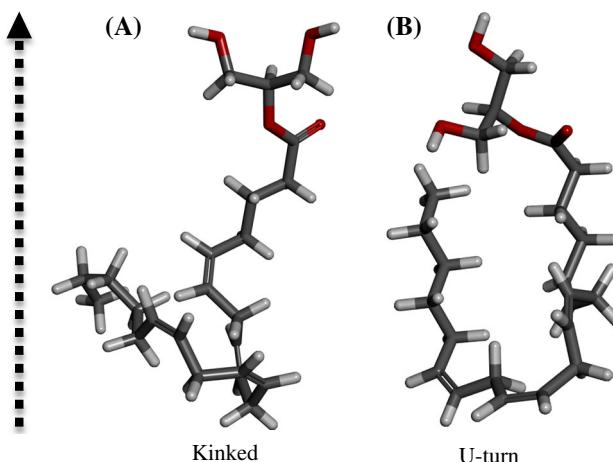


Fig. 1 A 3D representation of 2-AG in membrane mimetic environment showing the 20-carbon chain on position two of the glycerol backbone. **a** Kinked, **b** curved conformations

psychoactive effects on membrane-bound proteins such as the CB1 or CB2 receptors.

From the above description of 2-AG, it seems the structural features of the molecule is defined by either its interaction with a transporter system, the membrane environment, the CB receptors and intracellular MGL and FAAH enzymes or all of the aforementioned scenarios. Because the precise membrane localization of 2-AG is crucial to its function, the geometrical description of the endocannabinoid must be identified and quantified without altering its spatial organization in the membrane. Currently, computational methods have been the major tools of research in the study of the mechanism of neurolipid/lipid interactions at the atomic level (Lynch and Reggio 2005; Hurst et al. 2010; Reggio 2010). It has been reported that 2-AG partitions into the bulk lipid and orient with its arachidonic tail in a kinked conformation and almost parallel to the long axis of the phospholipid bilayer (Fig. 1a) (Hurst et al. 2010). This conformation moves the terminal methyl closer to the center of the bilayer and in proximity to the phospholipid terminal CH_3 (Fig. 1a). The modeling data utilizing shorter simulation time frame, however, depict an U-turn conformation of 2-AG within the phospholipid bilayer, whereby the terminal methyl is directed toward the polar lipid headgroup (Fig. 1b). In the same studies, the glycerol moiety is stabilized by a preferred conformation through H-bonding network with water molecules and the lipid headgroup.

Other rigid-body small molecule drugs such as cholesterol, *Cannabis sativa* major active compound *delta*-9-tetrahydrocannabinol (delta 9-THC), have been studied in model membranes of DPPC and POPC utilizing ^2H and ^{13}C solid-state NMR (Tiburu et al. 2004; Tiburu et al. 2007; Guo et al. 2003; Mavromoustakos and Daliani 1999; Yang et al. 1992; Makriyannis et al. 1990). There is also evidence of the

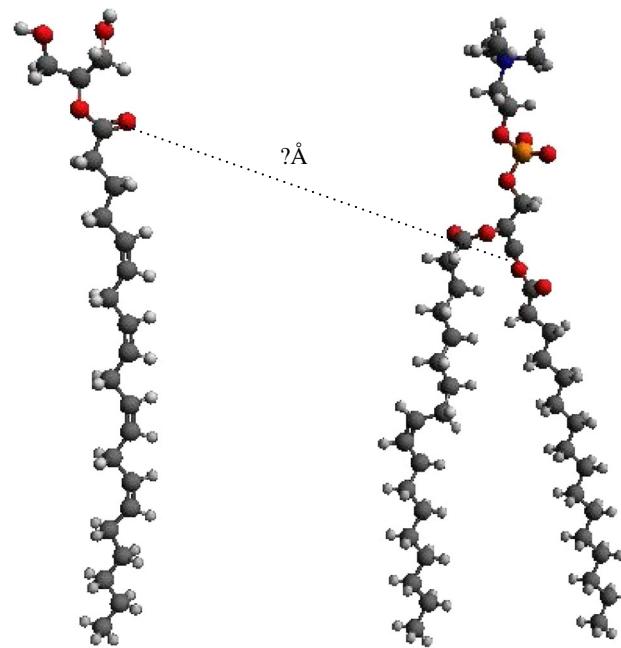


Fig. 2 A cartoon depiction of the distance between 2-AG ^2H on the left, and the phosphorus on POPC on the right. The ^2H on 2-AG is shown with gray color, whereas phosphorus on POPC is depicted with orange (Color figure online)

utilization of NMR methods to quantitatively extract orientational information from anandamide in model membranes, but such studies on the segmental mobility of 2-AG are yet to gain prominence (Tian et al. 2005).

The computational modeling data displayed in Fig. 1 invoke three questions about 2-AG; (1) the orientation of the glycerol moiety within the membrane environment and its structural preference, (2) the distance between key atoms within C(1) and C(3) on the glycerol moiety and the membrane headgroup/water interface, and (3) the location of the terminal methyl relative to the membrane center. Understanding the conformational dynamics and location within the cell membrane requires the measurement of inter-nuclear distances which would be highly significant to inform the nature of ligand/lipid interactions and may enhance our ability to design novel therapeutic medications to target the endocannabinoid system.

Rotational-echo double-resonance (REDOR) NMR is an established and powerful technique for measuring distances between two nuclei in the solid state (Goetz and Schaefer 1997). The technique takes advantage of the heteronuclear dipolar coupling between two different NMR-sensitive coupled spin pairs such as ^2H and ^{31}P . The dipolar coupling which depends on the inter-nuclear distance can be extracted for structural determination in solids. Our approach is to utilize POPC membrane preparation as a model environment to incorporate 2-AG and examine the geometric properties and the supramolecular organization between 2-AG and the lipid

molecules. This is accomplished by strategically identifying key atom pairs within 2-AG/POPC bilayer profile and incorporation ^2H at specific sites on the 2-AG glycerol backbone and ^{31}P at the phospholipid headgroup. The position of the labeling sites and proposed dipolar interaction between coupled spin pairs are shown in Fig. 2. The internuclear distance is then determined using the REDOR techniques. REDOR uniquely allows the measurement of accurate distances between nuclei to about 8 Å and has been applied effectively to study small molecule drugs interacting with membrane proteins. Of note, this is the first direct approach to determine the binding conformation of a non-rigid-body drug such as 2-AG in model membranes of POPC with the REDOR technique and may reveal the mechanism of lipid-mediated signaling in the membrane.

Materials and Methods

2-AG was synthesized to incorporate ^2H at the glycerol site on carbon position C1, C2, and C3. For the NMR samples, aliquots of 2-AG were introduced into POPC lipids in chloroform to give a lipid/ligand molar ratio of 50:1. (Tiburu et al. 2004; Tian et al. 2005; De Angelis and Oppella 2007). The resulting mixture was dried under a stream of nitrogen gas until the chloroform was completely evaporated and the dried sample was further allowed to sit in a vacuum overnight. The sample was hydrated with an HEPES buffer made from deuterium-depleted water to give a 70 % (w/w) POPC phospholipids to solution.

NMR Spectroscopy

The ^2H - ^{31}P REDOR experiments were performed on a 16.4 T (700 MHz ^1H Larmor frequency) magnet with MAS triple resonance (HXY) probe (Goetz and Schaefer 1997; Grage et al. 2004). The ^1H $\pi/2$ pulse was set at 5 μs , and the ^{31}P and ^2H p pulses were 10 and 7 μs , respectively. The ^1H and ^{31}P cross-polarization (CP) time was 2 ms. ^1H decoupling was set at 100–120 kHz during evolution and 80 kHz during acquisition (Tiburu et al. 2004, 2007; Guo et al. 2003). The pulse sequence employed was XY8-REDOR (Mavromoustakos and Daliani 1999), following the generation of solid-state NMR experiments at $-68\text{ }^\circ\text{C}$ on a 700 MHz Bruker AVANCE II NMR spectrometer using a 5 mm double-resonance probe under static sample conditions.

REDOR Calculations

Geometry was based on an earlier paper on anandamide/phospholipids interactions and the structure of the Lc'

phase in a hydrated lipid multilamellar system (Tian et al. 2005; Raghunathan and Katsaras 1995). The REDOR analysis is derived from previous work (Goetz and Schaefer 1997; Grage et al. 2004). The calculation involves a three-dimensional integral to simulate the “power sample” (Raghunathan and Katsaras 1995):

$$\frac{S}{S_0} = \frac{1}{8\pi^2} \int_{\psi=0}^{2\pi} \int_{\theta=0}^{\pi} \int_{\phi=0}^{2\pi} \prod_i \cos \left[4\sqrt{2}\tau D_i (\hat{n}'(i) \cdot \hat{y})(\hat{n}'(i) \cdot \hat{z}) \right] d\phi \sin \theta d\theta d\psi \quad (1)$$

where D_i is the dipolar coupling constant of i th ^2H - ^{31}P dipole pair ($i = 1, 2, 3, 4$),

$$D_i = \frac{\mu_0}{4\pi} \frac{h\gamma_P\gamma_D}{4\pi^2 r_i^3}. \quad (2)$$

Inter-nuclear distances:

$$r_1 = r_3 = \sqrt{z^2 + (b \cos 30^\circ)^2} \quad (3)$$

$$r_2 = r_4 = \sqrt{z^2 + (b \sin 30^\circ)^2} \quad (4)$$

The phase factors ($i = 1, 2, 3, 4$)

$$(\hat{n}'(i) \cdot \hat{z}) = [\sin \theta \cos \phi]x_i + [\sin \theta \sin \phi]y_i + [\cos \theta]z_i \quad (5)$$

$$(\hat{n}'(i) \cdot \hat{y}) = [-\cos \psi \sin \phi - \cos \theta \cos \phi \sin \psi]x_i + [\cos \psi \cos \phi - \cos \theta \sin \phi \sin \psi]y_i + [\sin \psi \sin \theta]z_i. \quad (6)$$

In our particular case,

$$x_1 = b \cos 30^\circ, \quad y_1 = 0, \quad z_1 = z \quad (7)$$

$$x_2 = 0, \quad y_2 = b \sin 30^\circ, \quad z_2 = z \quad (8)$$

$$x_3 = -b \cos 30^\circ, \quad y_3 = 0, \quad z_3 = z \quad (9)$$

$$x_4 = 0, \quad y_4 = -b \sin 30^\circ, \quad z_4 = z. \quad (10)$$

The constants in Eq. (2) are Gyromagnetic ratio for ^{31}P : $\gamma_P = 108.291 \times 10^6 \text{ rad/s/T}$, Gyromagnetic ratio for ^2H : $\gamma_D = 41.065 \times 10^6 \text{ rad/s/T}$, Planck constant $h = 6.626068 \times 10^{-34} \text{ m}^2 \text{ kg/s}$.

$$\mu_0/4\pi = 1.00 \times 10^{-7} \text{ T m/A.}$$

The integral (Eq. 1) was carried out numerically using the Simpson method with angular increments of $\pi/60$ for $z = 0, 1, 2, 3 \text{ \AA}$, etc.

Computational Methods

Both 10-ns simulations of 2-AG were undertaken using the Desmond molecular dynamics software package with an

OPLS-AA 2005 force field including data for the POPC bilayer, along with the SPC model for water (Bowers et al. 2006; Jorgensen et al. 1996). Force field parameters for 2-AG were constructed by utilizing existing parameters for similar atom types. In the simulation setup, M-SHAKE constraints were used on all covalent bonds involving hydrogen atoms to allow an iteration time step of 2 fs (Kräutler et al. 2001). The reference system propagator algorithm (RESPA) was used to integrate the equations of motion using periodic boundary conditions on this orthorhombic simulation system ($35 \text{ \AA} \times 30 \text{ \AA} \times 20 \text{ \AA}$) (Tuckerman et al. 1991). Constant pressure was maintained using the Martyna–Tobias–Klein (MTK) method with a temperature bath of 310 K. The system was maintained at $310 \pm 5 \text{ K}$, once heated, by scaling the velocities accordingly (Martyna et al. 1994). Electrostatic interactions were evaluated using the particle mesh ewald (PME) method (Darden et al. 1993). The atom-based non-bonded interactions were truncated beyond 9 Å using a force shift approach. The non-bonded lists were maintained for pairs within a distance of 10 Å and updated heuristically whenever an atom had moved more than 1 Å since last update. Coordinates were saved every 1 ps for further analyses.

The initial confirmations for 2-AG in POPC bilayer were constructed by placing the minimized solute (1-AG and 2-AG) into pre-equilibrated POPC bilayer (approximate 75 POPC each layer, and 11,270 waters) according to the hypothesis therein. The steric overlap between the initial placed solute and lipid/water molecules was relieved by allowing the latter to adiabatically relax in the presence of the solute. The modeling system was first equilibrated for 5,000 steps of steepest descent and 5,000 steps of conjugate gradient minimization, while holding the solute heavy atoms restrained to their initial positions by means of a harmonic force constant 50 kcal/mol/Å². Then, while maintaining the positional restraints on the solute, the solvent was heated to 310 K in a 600 ps MD phase using a constant pressure of 1 atm. The system was then equilibrated for 1,000 ps followed by an unrestrained simulation at a constant temperature of 310 K and a constant pressure of 1 atm. for 10 ns. The simulations were stable after 6 ns.

Results

As shown in Fig. 2, four equivalent ²H labels were placed on the glycerol backbone of the 2-AG molecule. REDOR NMR spectra were collected (²H observe, ³¹P dephasing), for different “dephasing duration times” τ (from 1.8 to 12 ms). The signal without dephasing (S_0) and the signal with dephasing (S) were measured by integrating the spectra

Table 1 Experimental results for ²H–³¹P REDOR for different dephasing times

Dephasing duration time τ (ms)	Signal with dephasing S	Signal without dephasing S_0	Ratio $\frac{S}{S_0}$
1.8	1.32E+08	1.33E+08	0.991
3.6	8.87E+07	1.06E+08	0.834
6.0	2.54E+07	6.83E+07	0.372
7.2	3.20E+07	8.77E+07	0.365
7.8	1.83E+07	4.40E+07	0.417
9.0	4.54E+07	7.03E+07	0.646
9.6	1.70E+07	4.64E+07	0.367
10.2	4.21E+07	7.00E+07	0.601
10.8	2.61E+07	4.08E+07	0.640
11.4	2.30E+07	4.16E+07	0.554
12.0	2.68E+07	5.49E+07	0.488

as displayed in Table 1. Figure 3a shows the experimental signal S_0 and S , and Fig. 3b shows the ratio of S/S_0 against dephasing time, τ . The ratio S/S_0 was calculated according to multiple dipole interaction theory with Eq. 2. The dipolar coupling constant is inversely proportional to the cube of the inter-nuclear distance ($1/r^3$). To determine the distance from each deuteron to the phosphorus, the POPC headgroup is arranged in a hexagonal array, as shown in Fig. 4. The four phosphorus atoms P_1 , P_2 , P_3 , and P_4 form a parallelogram, each side $b = 8.8 \text{ \AA}$ and internal angles of 60° and 120°. Assuming 2-AG intercalates between the lipid molecules, we modeled the average location of the ²H labels as a distance z directly above or below the center of the parallelogram. For different z values (shown in Table 2), the ²H–³¹P inter-nuclear distances were calculated for $0 \leq \tau \leq 12 \text{ ms}$ and the results displayed in Table 3. The fittings are displayed in Fig. 5 for $z = 0$, 1, and 2 Å, respectively. Each result involved calculation and summation of 893,101 terms. Based on the three curve fittings shown (Fig. 5), the square sums of the difference are 0.193, 0.314, and 0.482 for $z = 0$, 1, and 2 Å, respectively. Clearly, the calculations with $z = 0$ (Fig. 5a) fits the data the best, which means these methylene ²H atoms are at the same level as the phosphate group of the POPC lipid bilayer. The average location of these ²H atoms is surrounded by four phosphorus atoms, with two ³¹P atoms each 7.6 Å from the average ²H location and two other ³¹P atoms each 4.4 Å from the average ²H location.

Molecular dynamic simulations were used to investigate the interaction and orientation of the headgroup of 2-AG in the POPC phospholipid bilayers. Simulations 6 and 10 ns were conducted in pre-equilibrated POPC bilayer. Figure 6 shows the position of 2-AG (CPK with green carbon) simulations in the POPC bilayer at 6 and 10 ns. The insert at the bottom right corner of each graph shows the detailed

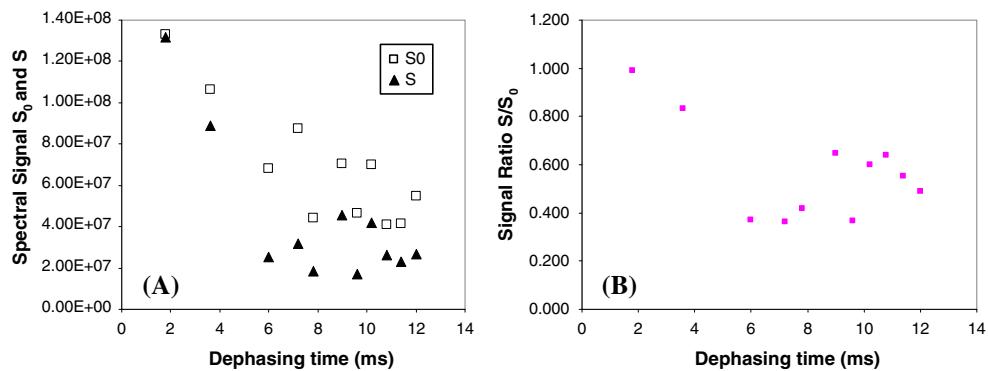


Fig. 3 **a** Experimental REDOR signals S_0 (open squares) and S (close triangles). **b** The ratio S/S_0

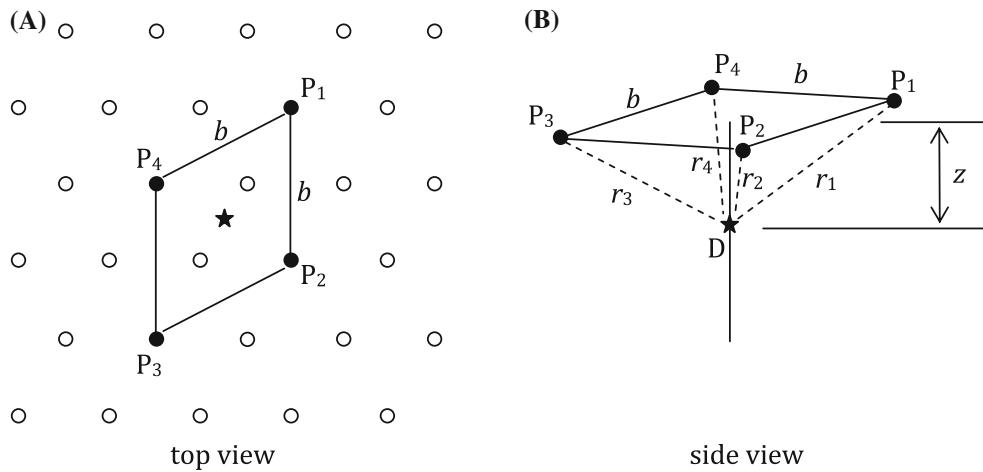


Fig. 4 **a** The dark circles in the top view represents ^{31}P nuclei surrounded by the average location of the four ^2H labels, (the star). The side view represents distance from each phosphorus to the average location of the four ^2H labels

Table 2 The z value was adjusted, and S/S_0 was calculated for $0 \leq \tau \leq 12$ ms

τ (ms)	S/S_0		
	$z = 0$	$z = \pm 1 \text{ \AA}$	$z = \pm 2 \text{ \AA}$
0	1.000	1.000	1.000
1	0.983	0.985	0.990
2	0.935	0.944	0.961
3	0.863	0.879	0.915
4	0.775	0.798	0.855
5	0.684	0.709	0.783
6	0.600	0.621	0.703
7	0.532	0.541	0.621
8	0.484	0.474	0.538
9	0.458	0.423	0.459
10	0.451	0.389	0.387
11	0.458	0.370	0.323
12	0.473	0.362	0.269

Table 3 Inter-nuclear distances

z (Å)	Distance DP_1 or DP_3 (Å)	Distance DP_2 or DP_4 (Å)
	$r_1 = r_3 = \sqrt{z^2 + (b \cos 30^\circ)^2}$	$r_2 = r_4 = \sqrt{z^2 + (b \sin 30^\circ)^2}$
0	7.6	4.4
1	7.7	4.5
2	7.9	4.8
3	8.2	5.3
4	8.6	5.9
5	9.1	6.7

orientation of 2-AG as well as the hydrogen-bonding interactions in that particular snapshot. After 6-ns simulation, the pattern of H-bonding in 2-AG involves the interactions of the C=O on the arachidonic acid, as well as the two hydroxyl groups at the C1 and C2 sites of the glycerol backbone with PO_4 on the POPC headgroup/water

Fig. 5 Calculated S/S_0 for ($z = 0$), ($z = \pm 1 \text{ \AA}$), and ($z = \pm 2 \text{ \AA}$) compared with experimental data. Each result involved calculation and summation of 893,101 terms

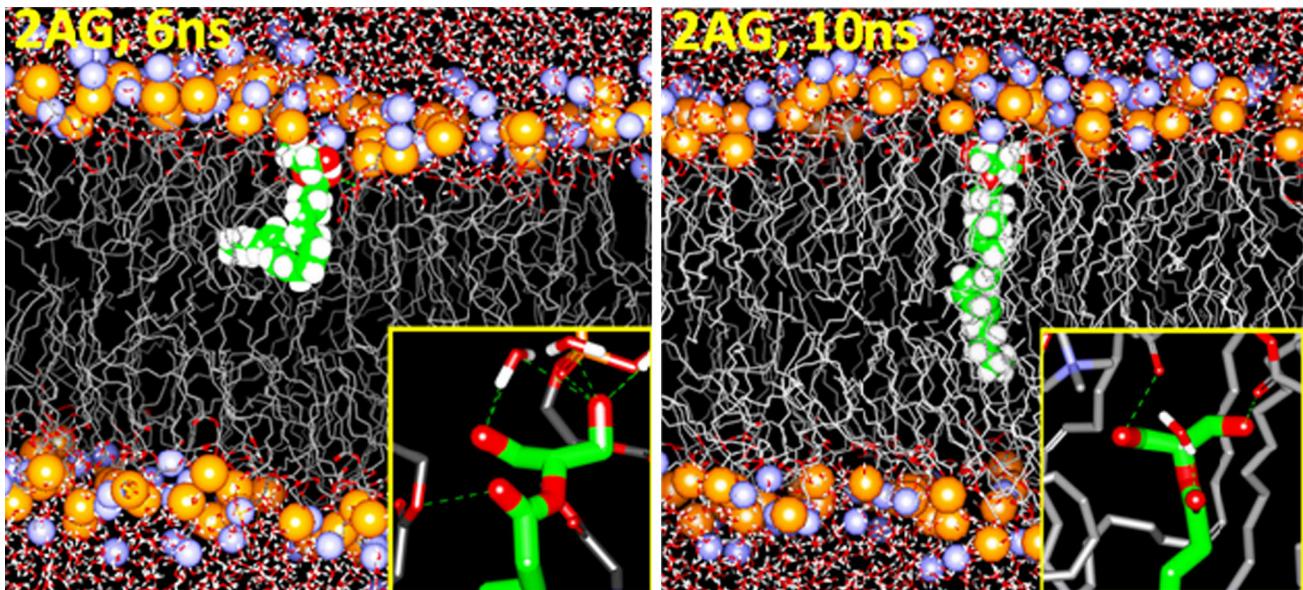
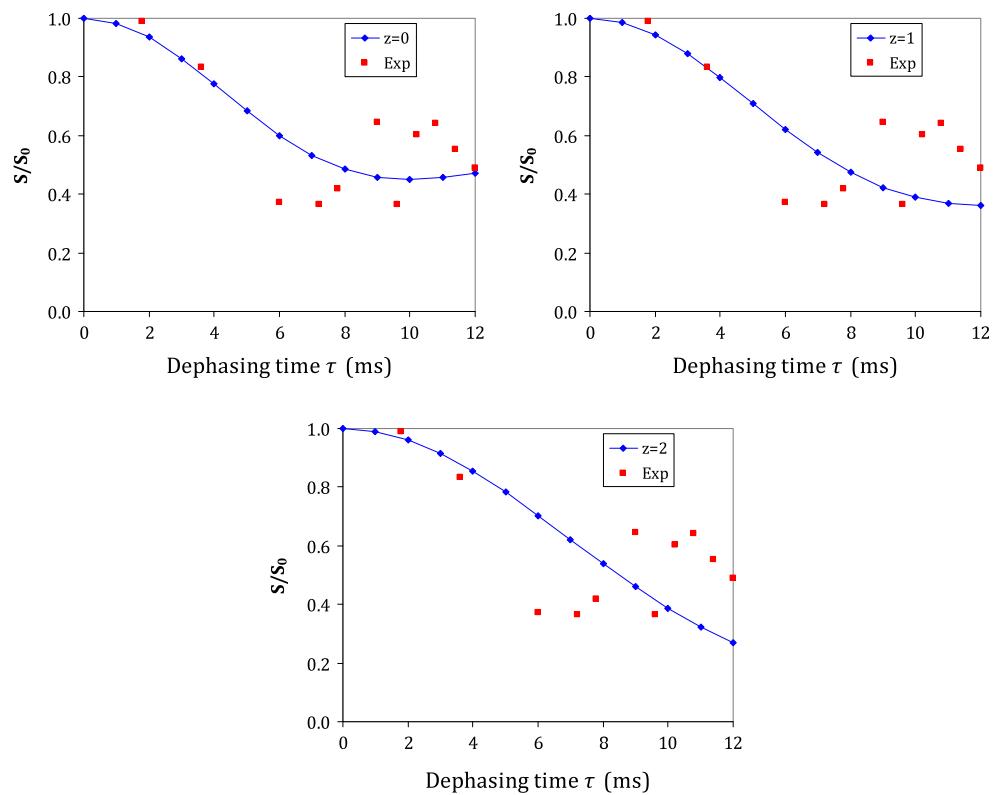


Fig. 6 Molecular dynamic simulation of 2-AG simulations (CPK with green carbon) in the POPC phospholipid bilayer after 6 and 10 ns. The inset at the bottom right corner of each graph shows the detailed orientation of 2-AG at that particular snapshot

interface. Essentially, this interaction prototype is maintained after 10-ns simulation except that the headgroup of 2-AG creates a triangle-shaped H-bond network that

stabilizes the 2-AG headgroup at the lipid/water interface. Note that, the hydrophobic tail of the neurolipid is extended after 10 ns of simulation.

Discussion

The glyceryl ester of arachidonic acid (2-AG) has been well known as an important endogenous cannabinoid receptors ligand, but its mode of action is yet to be deduced (Piomelli 2003; Di Marzo 2008; Dinh et al. 2002; Pike et al. 2002). 2-AG is a long fatty acid with four double bonds in carbon positions 5, 8, 11, and 14 and is attached to carbon position 2 of glycerol. It is speculated that 2-AG may exhibit its cannabinergic potency toward the cannabinoid receptors by diffusion through the membrane environment. In these studies, it is demonstrated that within the membrane environment, the arachidonic acid acyl chain is parallel to the phospholipid long molecular axis, and the glycerol backbone region of the ligand is interacting with the lipid headgroup. The conformational dynamics of the ligand, based on the REDOR studies provided evidence that with $z = 0$, the methylene ^2H atoms of 2-AG are at the same level as the phosphate group of the POPC lipid. The average location of the ^2H atoms are surrounded by four phosphorus atoms, with two ^{31}P atoms each 7.6 Å from the average ^2H location and two other ^{31}P atoms each 4.4 Å from the average ^2H location. Though S_0 or S should exhibit a smooth exponential decay as τ increases, both the experimental S and S_0 have a significant distortion showing the data are good for $\tau < 6$ ms. This means the interactions are stronger for shorter dephasing times. However, the data become a little diffuse for $\tau > 6$ ms perhaps due to noise or background in the spectra caused by weaker interactions of the nuclei pair. This observation may be attributed to multiple spin–spin interactions between 5 ^2H on 2-AG coupling to ^{31}P on POPC. Nevertheless, the data points generated from these studies were sufficient to provide the distance reported in this paper.

The current results provide evidence that anchoring of 2-AG headgroup to POPC headgroup/water interface and its long tail sweeping laterally within the hydrophobic core of the membrane may be interesting findings to explain the modulation of the physicochemical properties of the lipid bilayers. These observations might be similar to the action of antimicrobial peptides such as MSI-78 that induce significant changes in the lipid bilayer structure, particularly at high peptide concentrations as revealed by NMR studies (Hallock et al. 2003). Thus, the mechanism of action of antimicrobial peptides may help explain 2-AG/POPC interactions (Henzler Wildman et al. 2003). Nonetheless, the sequence of events may affect receptor structure through membrane/ligand interactions, receptor/membrane interactions, or through a combination of complex interactions that can lead to receptor activation. The structure of 2-AG in the membrane as demonstrated by the current findings is controlled by H-bonding network and the orientation of the headgroup within the membrane setting.

These peptides are known to stabilize POPC. These findings support studies involving 2-AG, which implicate its structure to selectivity toward the cannabinoid receptors. Membrane stabilization of 2-AG can also be explained through these interaction schemes as solvent effects impede the free circulation of 2-AG and the ability of the ligand to be easily converted to 1-AG. To confirm whether membrane stabilization of 2-AG occurs through H-bonding network between the ligand and POPC, the ligand was allowed to sit in POPC environments at one hand and in dimethyl sulfoxide for protracted length of time. Upon analysis of the components within the two environments using 1-D NMR techniques, the liability of the ligand conversion from 2-AG to 1-AG was only an issue with the organic solvents but not in POPC membrane environment (data not shown). These findings, therefore, set the stage for developing membrane mimetic environment to incorporate 2-AG for future biological studies instead of using simple organic solvents that can complicate the interpretation of assay results.

In conclusion, conformational dynamics in 2-AG is a requirement for cannabinoid receptors activation. The mechanism involves the stabilization of the neurolipid headgroup by the polar headgroup of the membrane environment, thereby causing the long hydrophobic tail to sweep laterally across the membrane, an event which is critical for receptor activation. These results will provide a template for further development of new ligands against the cannabinoid receptors.

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